

Recommended Skin Care Products

Facial Cleanser - Cetaphil gentle cleanser
Vanicream gentle facial cleanser

Body Wash - Dove body wash for sensitive skin
Cetaphil gentle cleanser

Bar Soap - Dove sensitive skin bar
Cetaphil gentle cleansing bar

Moisturizing Lotion (face or body) - Cetaphil moisturizing lotion
Vanicream moisturizing lotion
Cerave daily moisturizing lotion

Moisturizing Cream (hands or body) - Cetaphil moisturizing cream
Vanicream moisturizing cream
Cerave moisturizing cream

Fragrance Free Shampoo - Free and Clear shampoo (and conditioner)
DHS Clear shampoo

Sunblock - Neutrogena sensitive skin sunblock (SPF 60)
Blue Lizard sensitive mineral sunscreen

Moisturizer with sunblock (face and body) - Neutrogena healthy defense daily moisturizer
with sunscreen for Sensitive Skin (SPF 50)

Lip (or hand) Emollient - Plain vaseline (petrolatum)
Aquaphor ointment
Vaniply ointment

Saline spray for dry nose - Simply Saline nasal spray (large can)

Laundry detergent - All Free Clear Detergent